



11. thüringenULTRA
Fröttstädt / 01.07.2017

Detailed evaluation

HERDER, Evelyn

Club: Volkssport Berlin
Number: 211

Course: 100.20 km
100 Kilometer

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 12:49:08

Speed: 7.82 km/h
Running performance: 7:41 min/km

Rank in course/Total: 103 (of 254)

Rank in course/Women: 12 (of 43)

Best time in course: 11:00:02

Rank in category: 1(of 2)

Best time in the category: 12:49:08

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Glasbachwiese | 27.00 | 3:10:19 | 7:02 | 1 | - | 9 | 18:51 | 27.00 | 3:10:19 | 7:02 | 1 | - | 9 | 18:51 |
| Floh-Seligenthal | 49.00 | 6:24:00 | 7:50 | 1 | - | 13 | 46:40 | 76.00 | 9:34:19 | 7:33 | 1 | - | 12 | 1:05:31 |
| Fröttstädt | 24.20 | 3:14:49 | 8:03 | 2 | 1:49 | 17 | 50:54 | 100.20 | 12:49:08 | 7:40 | 1 | - | 12 | 1:49:06 |