



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

HERDER, Sven

Club: SG Dynamo Dresden
Number: 1

Course: 100.20 km
100 Kilometer

Category:
Senioren M40 (40-44 Jahre)

Total time: 8:41:59

Speed: 11.49 km/h
Running performance: 5:13 min/km

Rank in course/Total: 1 (of 254)

Rank in course/Men: 1 (of 211)

Best time in course: 8:41:59

Rank in category: 1(of 23)

Best time in the category: 8:41:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:25:23	5:23	1	-	1	-	27.00	2:25:23	5:23	1	-	1	-
Floh-Seligenthal	49.00	4:15:04	5:12	1	-	1	-	76.00	6:40:27	5:16	1	-	1	-
Fröttstädt	24.20	2:01:32	5:01	1	-	1	-	100.20	8:41:59	5:12	1	-	1	-