



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

SCHERBE, Ralf

Club: SSV-MG-Ahlsdorf
Number: 185

Course: 100.20 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 13:00:13

Speed: 7.69 km/h
Running performance: 7:47 min/km

Rank in course/Total: 114 (of 254)

Rank in course/Men: 101 (of 211)

Best time in course: 8:41:59

Rank in category: 26(of 39)

Best time in the category: 9:21:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:10:16	7:02	24	39:38	87	44:53	27.00	3:10:16	7:02	24	39:38	87	44:53
Floh-Seligenthal	49.00	6:37:09	8:06	28	1:56:46	109	2:22:05	76.00	9:47:25	7:43	26	2:34:53	99	3:06:58
Fröttstädt	24.20	3:12:48	7:58	26	1:03:53	89	1:11:16	100.20	13:00:13	7:47	26	3:38:46	101	4:18:14