



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

FRUNZKE, Thomas

Club: Storkow

Number: 42

Course: 100.20 km

100 Kilometer

Category:

Senioren M55 (55-59 Jahre)

Total time: 13:01:54

Speed: 7.69 km/h

Running performance: 7:48 min/km

Rank in course/Total: 118 (of 254)

Rank in course/Men: 105 (of 211)

Best time in course: 8:41:59

Rank in category: 13(of 36)

Best time in the category: 10:06:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:25:40	7:37	25	58:56	147	1:00:17	27.00	3:25:40	7:37	25	58:56	147	1:00:17
Floh-Seligenthal	49.00	6:26:51	7:53	13	1:20:21	94	2:11:47	76.00	9:52:31	7:47	13	2:05:13	101	3:12:04
Fröttstädt	24.20	3:09:23	7:49	10	50:17	83	1:07:51	100.20	13:01:54	7:48	13	2:55:30	105	4:19:55