



11. thüringenULTRA
Fröttstädt / 01.07.2017

Detailed evaluation

Brokat, Helga

Club: LFG Mauerweg Berlin e.V.
Number: 231

Course: 100.20 km
100 Kilometer

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 13:20:38

Speed: 7.49 km/h
Running performance: 7:59 min/km

Rank in course/Total: 133 (of 254)

Rank in course/Women: 19 (of 43)

Best time in course: 11:00:02

Rank in category: 2(of 2)

Best time in the category: 12:49:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:34:44	7:57	2	24:25	30	43:16	27.00	3:34:44	7:57	2	24:25	30	43:16
Floh-Seligenthal	49.00	6:32:54	8:01	2	8:54	15	55:34	76.00	10:07:38	7:59	2	33:19	18	1:38:50
Fröttstädt	24.20	3:13:00	7:58	1	-	15	49:05	100.20	13:20:38	7:59	2	31:30	19	2:20:36