



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

Löhne, Ingolf

Club: Mediclowns Dresden
Number: 238

Course: 100.20 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 13:24:13

Speed: 7.48 km/h
Running performance: 8:02 min/km

Rank in course/Total: 141 (of 254)

Rank in course/Men: 121 (of 211)

Best time in course: 8:41:59

Rank in category: 33(of 53)

Best time in the category: 9:18:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:04:57	6:50	16	38:14	75	39:34	27.00	3:04:57	6:50	16	38:14	75	39:34
Floh-Seligenthal	49.00	6:48:07	8:19	31	2:10:45	125	2:33:03	76.00	9:53:04	7:48	27	2:48:59	104	3:12:37
Fröttstädt	24.20	3:31:09	8:43	35	1:17:02	131	1:29:37	100.20	13:24:13	8:01	33	4:06:01	121	4:42:14