



11. thüringenULTRA  
Fröttstädt / 01.07.2017

Detailed evaluation

**POHL, Mathias**

Club: LTV Erfurt  
Number: 103

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M55 (55-59 Jahre)

Total time: 13:31:31

Speed: 7.39 km/h  
Running performance: 8:06 min/km

Rank in course/Total: 147 (of 254)

Rank in course/Men: 126 (of 211)

Best time in course: 8:41:59

Rank in category: 17(of 36)

Best time in the category: 10:06:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:19:15	7:22	21	52:31	124	53:52	27.00	3:19:15	7:22	21	52:31	124	53:52
Floh-Seligenthal	49.00	6:49:30	8:21	19	1:43:00	128	2:34:26	76.00	10:08:45	8:00	18	2:21:27	130	3:28:18
Fröttstädt	24.20	3:22:46	8:22	17	1:03:40	115	1:21:14	100.20	13:31:31	8:05	17	3:25:07	126	4:49:32