



11. thüringenULTRA
Fröttstädt / 01.07.2017

Detailed evaluation

KRÜMMEL, Robert

Club: Kappeln
Number: 195

Course: 100.20 km
100 Kilometer

Category:
Senioren M40 (40-44 Jahre)

Total time: 13:31:31

Speed: 7.39 km/h
Running performance: 8:06 min/km

Rank in course/Total: 148 (of 254)

Rank in course/Men: 126 (of 211)

Best time in course: 8:41:59

Rank in category: 18(of 23)

Best time in the category: 8:41:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:16:25	7:16	17	51:02	111	51:02	27.00	3:16:25	7:16	17	51:02	111	51:02
Floh-Seligenthal	49.00	6:48:28	8:20	18	2:33:24	126	2:33:24	76.00	10:04:53	7:57	17	3:24:26	120	3:24:26
Fröttstädt	24.20	3:26:38	8:32	17	1:25:06	120	1:25:06	100.20	13:31:31	8:05	18	4:49:32	126	4:49:32