



11. thüringenULTRA
Fröttstädt / 01.07.2017

Detailed evaluation

KNOPKE-HÜLSENBECK, Wolfgang

Club: TSV Sonnenberg
Number: 214

Course: 100.20 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 13:40:50

Speed: 7.32 km/h
Running performance: 8:11 min/km

Rank in course/Total: 153 (of 254)

Rank in course/Men: 132 (of 211)

Best time in course: 8:41:59

Rank in category: 20(of 36)

Best time in the category: 10:06:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Glasbachwiese	27.00	3:31:12	7:49	28	1:04:28	160	1:05:49	27.00	3:31:12	7:49	28	1:04:28	160	1:05:49				
Floh-Seligenthal	49.00	6:49:23	8:21	18	1:42:53	127	2:34:19	76.00	10:20:35	8:09	22	2:33:17	141	3:40:08				
Fröttstädt	24.20	3:20:15	8:16	15	1:01:09	108	1:18:43	100.20	13:40:50	8:11	20	3:34:26	132	4:58:51				