



# 11. thüringenULTRA

Fröttstädt / 01.07.2017

## Detailed evaluation

**SAKUTH, Holger**

Club: M&H Rennsteigteam  
Number: 11

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M55 (55-59 Jahre)

Total time: 13:57:24

Speed: 7.17 km/h

Running performance: 8:22 min/km

Rank in course/Total: 165 (of 254)

Rank in course/Men: 143 (of 211)

Best time in course: 8:41:59

Rank in category: 22(of 36)

Best time in the category: 10:06:24

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:19:15	7:22	21	52:31	124	53:52	27.00	3:19:15	7:22	21	52:31	124	53:52
Floh-Seligenthal	49.00	7:04:14	8:39	23	1:57:44	151	2:49:10	76.00	10:23:29	8:12	24	2:36:11	144	3:43:02
Fröttstädt	24.20	3:33:55	8:50	20	1:14:49	134	1:32:23	100.20	13:57:24	8:21	22	3:51:00	143	5:15:25