



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

SAKUTH, Holger

Club: M&H Rennsteigteam
Number: 11

Course: 100.20 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 13:57:24

Speed: 7.18 km/h
Running performance: 8:22 min/km

Rank in course/Total: 165 (of 254)

Rank in course/Men: 143 (of 211)

Best time in course: 8:41:59

Rank in category: 22(of 36)

Best time in the category: 10:06:24

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|---------|-----|---------|--------|----------|--------|------|---------|-----|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Glasbachwiese | 27.00 | 3:19:15 | 7:22 | 21 | 52:31 | 124 | 53:52 | 27.00 | 3:19:15 | 7:22 | 21 | 52:31 | 124 | 53:52 |
| Floh-Seligenthal | 49.00 | 7:04:14 | 8:39 | 23 | 1:57:44 | 151 | 2:49:10 | 76.00 | 10:23:29 | 8:12 | 24 | 2:36:11 | 144 | 3:43:02 |
| Fröttstädt | 24.20 | 3:33:55 | 8:50 | 20 | 1:14:49 | 134 | 1:32:23 | 100.20 | 13:57:24 | 8:21 | 22 | 3:51:00 | 143 | 5:15:25 |