



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

SEIPEL, Richard

Club: LG Asslar-Werdorf
Number: 54

Course: 100.20 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 14:13:02

Speed: 7.05 km/h
Running performance: 8:31 min/km

Rank in course/Total: 173 (of 254)

Rank in course/Men: 150 (of 211)

Best time in course: 8:41:59

Rank in category: 30(of 39)

Best time in the category: 9:21:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:37:11	8:02	36	1:06:33	180	1:11:48	27.00	3:37:11	8:02	36	1:06:33	180	1:11:48
Floh-Seligenthal	49.00	6:51:46	8:24	30	2:11:23	135	2:36:42	76.00	10:28:57	8:16	30	3:16:25	146	3:48:30
Fröttstädt	24.20	3:44:05	9:15	35	1:35:10	162	1:42:33	100.20	14:13:02	8:30	30	4:51:35	150	5:31:03