



11. thüringenULTRA
Fröttstädt / 01.07.2017

Detailed evaluation

HOFMANN, Friedhelm

Club: Hunsrück Marathon e.V.
Number: 83

Course: 100.20 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 14:15:42

Speed: 7.01 km/h
Running performance: 8:32 min/km

Rank in course/Total: 175 (of 254)

Rank in course/Men: 152 (of 211)

Best time in course: 8:41:59

Rank in category: 42(of 53)

Best time in the category: 9:18:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:31:46	7:50	37	1:05:03	161	1:06:23	27.00	3:31:46	7:50	37	1:05:03	161	1:06:23
Floh-Seligenthal	49.00	7:10:17	8:46	39	2:32:55	153	2:55:13	76.00	10:42:03	8:26	40	3:37:58	153	4:01:36
Fröttstädt	24.20	3:33:39	8:49	36	1:19:32	133	1:32:07	100.20	14:15:42	8:32	42	4:57:30	152	5:33:43