



11. thüringenULTRA  
Fröttstädt / 01.07.2017

Detailed evaluation

Kranz, Manfred

Club: München  
Number: 267

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M45 (45-49 Jahre)

Total time: 14:25:22

Speed: 6.93 km/h  
Running performance: 8:38 min/km

Rank in course/Total: 178 (of 254)

Rank in course/Men: 154 (of 211)

Best time in course: 8:41:59

Rank in category: 32(of 39)

Best time in the category: 9:21:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:27:07	7:40	33	56:29	153	1:01:44	27.00	3:27:07	7:40	33	56:29	153	1:01:44
Floh-Seligenthal	49.00	7:21:04	9:00	32	2:40:41	161	3:06:00	76.00	10:48:11	8:31	32	3:35:39	157	4:07:44
Fröttstädt	24.20	3:37:11	8:58	30	1:28:16	142	1:35:39	100.20	14:25:22	8:38	32	5:03:55	154	5:43:23