



11. thüringenULTRA
Fröttstädt / 01.07.2017

Detailed evaluation

KÜNSTNER, Jörn

Club: LG Mauerweg Berlin e.V.
Number: 76

Course: 100.20 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 14:35:01

Speed: 6.86 km/h
Running performance: 8:44 min/km

Rank in course/Total: 184 (of 254)

Rank in course/Men: 160 (of 211)

Best time in course: 8:41:59

Rank in category: 35(of 39)

Best time in the category: 9:21:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:23:54	7:33	30	53:16	139	58:31	27.00	3:23:54	7:33	30	53:16	139	58:31
Floh-Seligenthal	49.00	7:21:34	9:00	34	2:41:11	163	3:06:30	76.00	10:45:28	8:29	31	3:32:56	155	4:05:01
Fröttstädt	24.20	3:49:33	9:29	36	1:40:38	168	1:48:01	100.20	14:35:01	8:43	35	5:13:34	160	5:53:02