



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

ZEHRING, Uwe

Club: DUV Oschersleben
Number: 45

Course: 100.20 km
100 Kilometer

Category:

Senioren M55 (55-59 Jahre)

Total time: 14:35:44

Speed: 6.87 km/h

Running performance: 8:44 min/km

Rank in course/Total: 186 (of 254)

Rank in course/Men: 161 (of 211)

Best time in course: 8:41:59

Rank in category: 25(of 36)

Best time in the category: 10:06:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:26:09	7:38	26	59:25	151	1:00:46	27.00	3:26:09	7:38	26	59:25	151	1:00:46
Floh-Seligenthal	49.00	7:25:28	9:05	26	2:18:58	165	3:10:24	76.00	10:51:37	8:34	27	3:04:19	165	4:11:10
Fröttstädt	24.20	3:44:07	9:15	26	1:25:01	163	1:42:35	100.20	14:35:44	8:44	25	4:29:20	161	5:53:45