



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

Stapf, Guido

Club: TSV Hächheim
Number: 230

Course: 100.20 km
100 Kilometer

Category:

Senioren M45 (45-49 Jahre)

Total time: 14:40:41

Speed: 6.83 km/h

Running performance: 8:47 min/km

Rank in course/Total: 192 (of 254)

Rank in course/Men: 164 (of 211)

Best time in course: 8:41:59

Rank in category: 36(of 39)

Best time in the category: 9:21:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:37:11	8:02	36	1:06:33	180	1:11:48	27.00	3:37:11	8:02	36	1:06:33	180	1:11:48
Floh-Seligenthal	49.00	7:26:05	9:06	35	2:45:42	167	3:11:01	76.00	11:03:16	8:43	36	3:50:44	169	4:22:49
Fröttstädt	24.20	3:37:25	8:59	31	1:28:30	143	1:35:53	100.20	14:40:41	8:47	36	5:19:14	164	5:58:42