



11. thüringenULTRA
Fröttstädt / 01.07.2017

Detailed evaluation

GRAUBNER, Rolf

Club: 100 Marathon Club
Number: 172

Course: 100.20 km
100 Kilometer

Category:
Senioren M60 (60-64 Jahre)

Total time: 14:44:37

Speed: 6.78 km/h
Running performance: 8:50 min/km

Rank in course/Total: 197 (of 254)

Rank in course/Men: 169 (of 211)

Best time in course: 8:41:59

Rank in category: 8(of 15)

Best time in the category: 11:56:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:41:22	8:11	10	34:26	185	1:15:59	27.00	3:41:22	8:11	10	34:26	185	1:15:59
Floh-Seligenthal	49.00	7:27:23	9:07	8	1:30:50	171	3:12:19	76.00	11:08:45	8:47	8	1:59:54	172	4:28:18
Fröttstädt	24.20	3:35:52	8:55	9	53:58	139	1:34:20	100.20	14:44:37	8:49	8	2:48:13	169	6:02:38