



11. thüringenULTRA
Fröttstädt / 01.07.2017

Detailed evaluation

LAIG, Uwe

Club: TV Hohne
Number: 21

Course: 100.20 km
100 Kilometer

Category:
Senioren M60 (60-64 Jahre)

Total time: 14:52:11

Speed: 6.73 km/h
Running performance: 8:54 min/km

Rank in course/Total: 201 (of 254)

Rank in course/Men: 173 (of 211)

Best time in course: 8:41:59

Rank in category: 10(of 15)

Best time in the category: 11:56:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:47:48	8:26	11	40:52	193	1:22:25	27.00	3:47:48	8:26	11	40:52	193	1:22:25
Floh-Seligenthal	49.00	7:32:42	9:14	10	1:36:09	175	3:17:38	76.00	11:20:30	8:57	9	2:11:39	177	4:40:03
Fröttstädt	24.20	3:31:41	8:44	7	49:47	132	1:30:09	100.20	14:52:11	8:54	10	2:55:47	173	6:10:12