



11. thüringenULTRA  
Fröttstädt / 01.07.2017

Detailed evaluation

**OSTAPENKO, Tanya**

Club: ASFM Göttingen / Marathon Maniacs  
Number: 55

Course: 100.20 km  
100 Kilometer

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 14:58:18

Speed: 6.69 km/h  
Running performance: 8:58 min/km

Rank in course/Total: 205 (of 254)

Rank in course/Women: 30 (of 43)

Best time in course: 11:00:02

Rank in category: 1(of 1)

Best time in the category: 14:58:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:26:50	7:39	1	-	23	35:22	27.00	3:26:50	7:39	1	-	23	35:22
Floh-Seligenthal	49.00	7:14:58	8:52	1	-	26	1:37:38	76.00	10:41:48	8:26	1	-	23	2:13:00
Fröttstädt	24.20	4:16:30	10:35	1	-	33	1:52:35	100.20	14:58:18	8:57	1	-	30	3:58:16