



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

DEJA, Marco

Club: Saturn Zehlendorf
Number: 85

Course: 100.20 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 15:09:32

Speed: 6.60 km/h
Running performance: 9:05 min/km

Rank in course/Total: 206 (of 254)

Rank in course/Men: 176 (of 211)

Best time in course: 8:41:59

Rank in category: 30(of 36)

Best time in the category: 10:06:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:43:43	8:17	33	1:16:59	191	1:18:20	27.00	3:43:43	8:17	33	1:16:59	191	1:18:20
Floh-Seligenthal	49.00	7:30:14	9:11	29	2:23:44	174	3:15:10	76.00	11:13:57	8:52	31	3:26:39	175	4:33:30
Fröttstädt	24.20	3:55:35	9:44	30	1:36:29	176	1:54:03	100.20	15:09:32	9:04	30	5:03:08	176	6:27:33