



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

KIEFER, Joachim

Club: Lauffeuer Fröttstädt
Number: 137

Course: 100.20 km
100 Kilometer

Category:
Senioren M60 (60-64 Jahre)

Total time: 15:43:44

Speed: 6.37 km/h
Running performance: 9:25 min/km

Rank in course/Total: 215 (of 254)

Rank in course/Men: 184 (of 211)

Best time in course: 8:41:59

Rank in category: 12(of 15)

Best time in the category: 11:56:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:25:59	7:37	7	19:03	149	1:00:36	27.00	3:25:59	7:37	7	19:03	149	1:00:36
Floh-Seligenthal	49.00	8:04:59	9:53	13	2:08:26	185	3:49:55	76.00	11:30:58	9:05	11	2:22:07	179	4:50:31
Fröttstädt	24.20	4:12:46	10:26	15	1:30:52	187	2:11:14	100.20	15:43:44	9:25	12	3:47:20	184	7:01:45