



11. thüringenULTRA  
Fröttstädt / 01.07.2017

Detailed evaluation

HEYER, Hermann

Club: LG Mauerweg Berlin/ 100Marathonclub  
Number: 116

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M55 (55-59 Jahre)

Total time: 16:31:31

Speed: 6.05 km/h  
Running performance: 9:54 min/km

Rank in course/Total: 223 (of 254)

Rank in course/Men: 192 (of 211)

Best time in course: 8:41:59

Rank in category: 33(of 36)

Best time in the category: 10:06:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	4:05:48	9:06	36	1:39:04	205	1:40:25	27.00	4:05:48	9:06	36	1:39:04	205	1:40:25
Floh-Seligenthal	49.00	8:13:45	10:04	33	3:07:15	188	3:58:41	76.00	12:19:33	9:43	33	4:32:15	193	5:39:06
Fröttstädt	24.20	4:11:58	10:24	31	1:52:52	185	2:10:26	100.20	16:31:31	9:53	33	6:25:07	192	7:49:32