



11. thüringenULTRA  
Fröttstädt / 01.07.2017

Detailed evaluation

**PÖTSCHKE, Michael**

Club: Guts Muths Rennsteiglaufverein  
Number: 191

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M35 (35-39 Jahre)

Total time: 9:58:32

Speed: 10.02 km/h  
Running performance: 5:58 min/km

Rank in course/Total: 11 (of 254)

Rank in course/Men: 11 (of 211)

Best time in course: 8:41:59

Rank in category: 3(of 24)

Best time in the category: 9:02:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:33:27	5:40	3	8:03	12	8:04	27.00	2:33:27	5:40	3	8:03	12	8:04
Floh-Seligenthal	49.00	5:03:28	6:11	2	37:23	11	48:24	76.00	7:36:55	6:00	2	45:26	9	56:28
Fröttstädt	24.20	2:21:37	5:51	3	10:46	12	20:05	100.20	9:58:32	5:58	3	56:12	11	1:16:33