



# 11. thüringenULTRA

Fröttstädt / 01.07.2017

## Detailed evaluation

**FLOCK, Peter**

Club: Lauffeuer Fröttstädt e.V.  
Number: 71

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M45 (45-49 Jahre)

Total time: 10:01:54

Speed: 9.97 km/h  
Running performance: 6:01 min/km

Rank in course/Total: 12 (of 254)

Rank in course/Men: 12 (of 211)

Best time in course: 8:41:59

Rank in category: 4(of 39)

Best time in the category: 9:21:27

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:35:12	5:44	5	4:34	16	9:49	27.00	2:35:12	5:44	5	4:34	16	9:49
Floh-Seligenthal	49.00	5:01:43	6:09	4	21:20	10	46:39	76.00	7:36:55	6:00	4	24:23	9	56:28
Fröttstädt	24.20	2:24:59	5:59	6	16:04	15	23:27	100.20	10:01:54	6:00	4	40:27	12	1:19:55