



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

Seher, Eckardt

Club: LG Mauerweg Berlin e.V.
Number: 202

Course: 100.20 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 10:06:24

Speed: 9.89 km/h
Running performance: 6:03 min/km

Rank in course/Total: 13 (of 254)

Rank in course/Men: 13 (of 211)

Best time in course: 8:41:59

Rank in category: 1(of 36)

Best time in the category: 10:06:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:40:48	5:57	3	14:04	18	15:25	27.00	2:40:48	5:57	3	14:04	18	15:25
Floh-Seligenthal	49.00	5:06:30	6:15	1	-	14	51:26	76.00	7:47:18	6:08	1	-	14	1:06:51
Fröttstädt	24.20	2:19:06	5:44	1	-	10	17:34	100.20	10:06:24	6:03	1	-	13	1:24:25