



11. thüringenULTRA  
Fröttstädt / 01.07.2017

Detailed evaluation

JAROSCH, Wolfram

Club: USV Jena  
Number: 215

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M45 (45-49 Jahre)

Total time: 10:23:07

Speed: 9.63 km/h  
Running performance: 6:13 min/km

Rank in course/Total: 17 (of 254)

Rank in course/Men: 17 (of 211)

Best time in course: 8:41:59

Rank in category: 6(of 39)

Best time in the category: 9:21:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:46:51	6:10	11	16:13	33	21:28	27.00	2:46:51	6:10	11	16:13	33	21:28
Floh-Seligenthal	49.00	5:12:15	6:22	6	31:52	18	57:11	76.00	7:59:06	6:18	7	46:34	21	1:18:39
Fröttstädt	24.20	2:24:01	5:57	5	15:06	14	22:29	100.20	10:23:07	6:13	6	1:01:40	17	1:41:08