



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

RÜBSAM, Peter

Club: WSV 1907 Steinbach
Number: 179

Course: 100.20 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 10:35:36

Speed: 9.44 km/h
Running performance: 6:20 min/km

Rank in course/Total: 24 (of 254)

Rank in course/Men: 24 (of 211)

Best time in course: 8:41:59

Rank in category: 9(of 39)

Best time in the category: 9:21:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:45:48	6:08	10	15:10	32	20:25	27.00	2:45:48	6:08	10	15:10	32	20:25
Floh-Seligenthal	49.00	5:23:17	6:35	10	42:54	28	1:08:13	76.00	8:09:05	6:26	9	56:33	27	1:28:38
Fröttstädt	24.20	2:26:31	6:03	7	17:36	16	24:59	100.20	10:35:36	6:20	9	1:14:09	24	1:53:37