



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

BOGACZ, Rico

Club: 100 Marathon Club
Number: 22

Course: 100.20 km
100 Kilometer

Category:
Senioren M30 (30-34 Jahre)

Total time: 10:39:36

Speed: 9.38 km/h
Running performance: 6:23 min/km

Rank in course/Total: 27 (of 254)

Rank in course/Men: 27 (of 211)

Best time in course: 8:41:59

Rank in category: 1(of 5)

Best time in the category: 10:39:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:41:37	5:59	2	0:04	22	16:14	27.00	2:41:37	5:59	2	0:04	22	16:14
Floh-Seligenthal	49.00	5:15:32	6:26	2	3:30	21	1:00:28	76.00	7:57:09	6:16	1	-	20	1:16:42
Fröttstädt	24.20	2:42:27	6:42	2	0:29	39	40:55	100.20	10:39:36	6:22	1	-	27	1:57:37