



11. thüringenULTRA  
Fröttstädt / 01.07.2017

Detailed evaluation

DIETZ, Ralph

Club: Team Deutschland  
Number: 126

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M50 (50-54 Jahre)

Total time: 10:44:25

Speed: 9.31 km/h  
Running performance: 6:26 min/km

Rank in course/Total: 29 (of 254)

Rank in course/Men: 29 (of 211)

Best time in course: 8:41:59

Rank in category: 3(of 53)

Best time in the category: 9:18:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:48:32	6:14	3	21:49	39	23:09	27.00	2:48:32	6:14	3	21:49	39	23:09
Floh-Seligenthal	49.00	5:18:18	6:29	2	40:56	25	1:03:14	76.00	8:06:50	6:24	2	1:02:45	26	1:26:23
Fröttstädt	24.20	2:37:35	6:30	5	23:28	31	36:03	100.20	10:44:25	6:25	3	1:26:13	29	2:02:26