



11. thüringenULTRA
Fröttstädt / 01.07.2017

Detailed evaluation

FANSLAU, Thomas

Club: Berlin
Number: 129

Course: 100.20 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 10:45:17

Speed: 9.32 km/h
Running performance: 6:26 min/km

Rank in course/Total: 31 (of 254)

Rank in course/Men: 31 (of 211)

Best time in course: 8:41:59

Rank in category: 13(of 39)

Best time in the category: 9:21:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	2:41:36	5:59	6	10:58	21	16:13	27.00	2:41:36	5:59	6	10:58	21	16:13
Floh-Seligenthal	49.00	5:32:01	6:46	13	51:38	33	1:16:57	76.00	8:13:37	6:29	11	1:01:05	29	1:33:10
Fröttstädt	24.20	2:31:40	6:16	11	22:45	24	30:08	100.20	10:45:17	6:26	13	1:23:50	31	2:03:18