



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

Prüfer, Martina

Club: LG Nord Ultra Team Berlin
Number: 220

Course: 100.20 km
100 Kilometer

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 11:00:02

Speed: 9.09 km/h
Running performance: 6:35 min/km

Rank in course/Total: 35 (of 254)

Rank in course/Women: 1 (of 43)

Best time in course: 11:00:02

Rank in category: 1(of 8)

Best time in the category: 11:00:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Wome	Women	km	Time	min/km	Cat.	Cat.	Wome	Women
Glasbachwiese	27.00	2:51:28	6:21	1	-	1	-	27.00	2:51:28	6:21	1	-	1	-
Floh-Seligenthal	49.00	5:37:20	6:53	1	-	1	-	76.00	8:28:48	6:41	1	-	1	-
Fröttstädt	24.20	2:31:14	6:14	1	-	2	7:19	100.20	11:00:02	6:35	1	-	1	-