



# 11. thüringenULTRA

Fröttstädt / 01.07.2017

## Detailed evaluation

Flocke, Berthold

Number: 233

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M45 (45-49 Jahre)

Total time: 11:16:53

Speed: 8.86 km/h

Running performance: 6:46 min/km

Rank in course/Total: 45 (of 254)

Rank in course/Men: 42 (of 211)

Best time in course: 8:41:59

Rank in category: 16(of 39)

Best time in the category: 9:21:27

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:06:15	6:53	22	35:37	77	40:52	27.00	3:06:15	6:53	22	35:37	77	40:52
Floh-Seligenthal	49.00	5:35:01	6:50	17	54:38	40	1:19:57	76.00	8:41:16	6:51	17	1:28:44	43	2:00:49
Fröttstädt	24.20	2:35:37	6:25	13	26:42	29	34:05	100.20	11:16:53	6:45	16	1:55:26	42	2:34:54