



11. thüringenULTRA  
Fröttstädt / 01.07.2017

Detailed evaluation

TÜTTMANN, Ralf

Club: Ultra-Trödeltruppe  
Number: 193

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M45 (45-49 Jahre)

Total time: 11:32:14

Speed: 8.68 km/h  
Running performance: 6:55 min/km

Rank in course/Total: 51 (of 254)

Rank in course/Men: 48 (of 211)

Best time in course: 8:41:59

Rank in category: 18(of 39)

Best time in the category: 9:21:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:00:38	6:41	21	30:00	60	35:15	27.00	3:00:38	6:41	21	30:00	60	35:15
Floh-Seligenthal	49.00	5:43:25	7:00	18	1:03:02	47	1:28:21	76.00	8:44:03	6:53	18	1:31:31	46	2:03:36
Fröttstädt	24.20	2:48:11	6:56	16	39:16	53	46:39	100.20	11:32:14	6:54	18	2:10:47	48	2:50:15