



11. thüringenULTRA
Fröttstädt / 01.07.2017

Detailed evaluation

NIKOLOV, Mladen

Club: Nürnberg
Number: 210

Course: 100.20 km
100 Kilometer

Category:
Senioren M35 (35-39 Jahre)

Total time: 11:34:38

Speed: 8.65 km/h
Running performance: 6:56 min/km

Rank in course/Total: 53 (of 254)

Rank in course/Men: 50 (of 211)

Best time in course: 8:41:59

Rank in category: 7(of 24)

Best time in the category: 9:02:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:07:16	6:56	11	41:52	81	41:53	27.00	3:07:16	6:56	11	41:52	81	41:53
Floh-Seligenthal	49.00	5:43:04	7:00	6	1:16:59	46	1:28:00	76.00	8:50:20	6:58	7	1:58:51	52	2:09:53
Fröttstädt	24.20	2:44:18	6:47	7	33:27	42	42:46	100.20	11:34:38	6:55	7	2:32:18	50	2:52:39