



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

von Iven, Katrin

Club: LSG Ascania Aschersleben
Number: 240

Course: 100.20 km
100 Kilometer

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 11:43:08

Speed: 8.55 km/h
Running performance: 7:01 min/km

Rank in course/Total: 57 (of 254)

Rank in course/Women: 4 (of 43)

Best time in course: 11:00:02

Rank in category: 3(of 8)

Best time in the category: 11:00:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Glasbachwiese	27.00	3:04:56	6:50	4	13:28	6	13:28	27.00	3:04:56	6:50	4	13:28	6	13:28
Floh-Seligenthal	49.00	5:50:49	7:09	3	13:29	4	13:29	76.00	8:55:45	7:02	3	26:57	4	26:57
Fröttstädt	24.20	2:47:23	6:55	3	16:09	4	23:28	100.20	11:43:08	7:01	3	43:06	4	43:06