



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

KROCKER, Steffen

Club: LG Konradsburg 90
Number: 43

Course: 100.20 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 11:43:08

Speed: 8.53 km/h
Running performance: 7:01 min/km

Rank in course/Total: 58 (of 254)

Rank in course/Men: 54 (of 211)

Best time in course: 8:41:59

Rank in category: 9(of 53)

Best time in the category: 9:18:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:04:57	6:50	16	38:14	75	39:34	27.00	3:04:57	6:50	16	38:14	75	39:34
Floh-Seligenthal	49.00	5:50:48	7:09	8	1:13:26	52	1:35:44	76.00	8:55:45	7:02	10	1:51:40	57	2:15:18
Fröttstädt	24.20	2:47:23	6:55	7	33:16	49	45:51	100.20	11:43:08	7:01	9	2:24:56	54	3:01:09