



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

FELS, Manfred

Club: Lauffreunde Emsland/TEA
Number: 104

Course: 100.20 km
100 Kilometer

Category:
Senioren M60 (60-64 Jahre)

Total time: 12:12:09

Speed: 8.20 km/h
Running performance: 7:19 min/km

Rank in course/Total: 72 (of 254)

Rank in course/Men: 68 (of 211)

Best time in course: 8:41:59

Rank in category: 3(of 15)

Best time in the category: 11:56:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:20:41	7:25	5	13:45	131	55:18	27.00	3:20:41	7:25	5	13:45	131	55:18
Floh-Seligenthal	49.00	6:08:57	7:31	3	12:24	75	1:53:53	76.00	9:29:38	7:29	3	20:47	84	2:49:11
Fröttstädt	24.20	2:42:31	6:42	2	0:37	41	40:59	100.20	12:12:09	7:18	3	15:45	68	3:30:10