



11. thüringenULTRA
Fröttstädt / 01.07.2017

Detailed evaluation

GRÜN, Jörg

Club: TSV Keilberg
Number: 164

Course: 100.20 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 12:15:48

Speed: 8.15 km/h
Running performance: 7:20 min/km

Rank in course/Total: 75 (of 254)

Rank in course/Men: 71 (of 211)

Best time in course: 8:41:59

Rank in category: 15(of 53)

Best time in the category: 9:18:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:49:34	6:16	4	22:51	42	24:11	27.00	2:49:34	6:16	4	22:51	42	24:11
Floh-Seligenthal	49.00	6:05:49	7:27	13	1:28:27	70	1:50:45	76.00	8:55:23	7:02	9	1:51:18	56	2:14:56
Fröttstädt	24.20	3:20:25	8:16	29	1:06:18	109	1:18:53	100.20	12:15:48	7:20	15	2:57:36	71	3:33:49