



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke
Erfurt / 18.03.2017

Detailed evaluation

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Club: SV Schmalkalden 04

Total time: 1:16:55

Running performance: 20:14 min/km

Course: 3.80 km / 17 Controls / 95 Hm

Category:
Damen 21

Rank in category: 4(of 4)

Best time in the category: 30:43

Behind: 46:12

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (204)	7:11	4	4:22	155.0	7:11	4	4:22	155.0
2 (42)	4:04	4	2:15	123.9	11:15	4	6:29	136.0
3 (69)	4:38	4	2:26	110.6	15:53	4	8:55	128.0
4 (49)	5:14	4	3:37	223.7	21:07	4	12:28	144.1
5 (51)	5:14	4	3:10	153.2	26:21	4	15:38	145.9
6 (55)	6:53	4	4:18	166.5	33:14	4	19:44	146.2
7 (56)	1:36	3	0:42	77.8	34:50	4	20:09	137.2
8 (59)	4:23	4	3:02	224.7	39:13	4	22:59	141.6
9 (53)	2:48	4	1:47	175.4	42:01	4	24:46	143.6
10 (50)	2:10	4	1:22	170.8	44:11	4	25:12	132.8
11 (47)	8:40	4	5:42	192.1	52:51	4	30:54	140.8
12 (46)	3:55	3	2:39	209.2	56:46	4	33:01	139.0
13 (65)	6:24	4	4:15	197.7	1:03:10	4	37:10	143.0
14 (45)	4:15	4	3:02	249.3	1:07:25	4	40:12	147.7
15 (43)	3:10	4	1:49	134.6	1:10:35	4	41:57	146.5
16 (36)	2:55	4	1:52	177.8	1:13:30	4	43:49	147.6
17 (200)	2:23	4	1:45	276.3	1:15:53	4	45:34	150.3
Finish	1:02	4	0:40	181.8	1:16:55	4	46:12	150.4