



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke
Erfurt / 18.03.2017

Detailed evaluation

Volland, Christina

Club: OLV Weimar

Total time: 44:08

Running performance: 21:00 min/km

Course: 2.10 km / 11 Controls / 40 Hm

Category:

Damen 55

Rank in category: 4(of 4)

Best time in the category: 23:39

Behind: 20:29

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (41) | 6:06 | 4 | 2:44 | 81.2 | 6:06 | 4 | 2:44 | 81.2 |
| 2 (204) | 2:46 | 4 | 0:33 | 24.8 | 8:52 | 4 | 3:09 | 55.1 |
| 3 (42) | 3:20 | 3 | 0:38 | 23.5 | 12:12 | 4 | 3:47 | 45.0 |
| 4 (37) | 1:52 | 4 | 0:46 | 69.7 | 14:04 | 4 | 4:33 | 47.8 |
| 5 (69) | 1:57 | 4 | 0:31 | 36.1 | 16:01 | 4 | 5:04 | 46.3 |
| 6 (47) | 3:30 | 4 | 2:01 | 136.0 | 19:31 | 4 | 6:51 | 54.1 |
| 7 (46) | 3:11 | 3 | 0:55 | 40.4 | 22:42 | 4 | 7:03 | 45.1 |
| 8 (67) | 12:23 | 4 | 10:08 | 450.4 | 35:05 | 4 | 16:59 | 93.8 |
| 9 (38) | 4:43 | 4 | 2:01 | 74.7 | 39:48 | 4 | 19:00 | 91.4 |
| 10 (36) | 1:53 | 4 | 0:53 | 88.3 | 41:41 | 4 | 19:48 | 90.5 |
| 11 (200) | 1:48 | 3 | 0:37 | 52.1 | 43:29 | 4 | 20:25 | 88.5 |
| Finish | 0:39 | 3 | 0:07 | 21.9 | 44:08 | 4 | 20:29 | 86.6 |