



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke

Erfurt / 18.03.2017

Detailed evaluation

Lindner, Joachim

Club: USV Jena

Total time: 44:40

Running performance: 12:04 min/km

Course: 3.70 km / 16 Controls / 90 Hm

Category:

Herren 45

Rank in category: 8(of 9)

Best time in the category: 29:46

Behind: 14:54

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (43)	3:19	5	0:32	19.2	3:19	5	0:32	19.2
2 (67)	2:49	8	1:10	70.7	6:08	8	1:42	38.4
3 (61)	6:47	9	4:16	169.5	12:55	8	5:45	80.2
4 (51)	10:54	9	7:18	202.8	23:49	9	12:48	116.2
5 (55)	2:55	2	0:11	6.7	26:44	9	12:48	91.9
6 (56)	1:17	6	0:28	57.1	28:01	9	12:49	84.3
7 (59)	1:39	4	0:14	16.5	29:40	9	12:44	75.2
8 (53)	1:00	1	-	-	30:40	9	12:34	69.4
9 (50)	0:51	1	-	-	31:31	9	12:26	65.2
10 (48)	2:57	4	0:51	40.5	34:28	8	13:17	62.7
11 (69)	1:52	3	0:18	19.2	36:20	8	13:25	58.6
12 (37)	1:21	7	0:24	42.1	37:41	8	13:49	57.9
13 (42)	0:43	2	0:04	10.3	38:24	8	13:48	56.1
14 (204)	2:03	6	0:23	23.0	40:27	8	14:11	54.0
15 (41)	1:28	5	0:13	17.3	41:55	8	14:05	50.6
16 (200)	1:56	3	0:22	23.4	43:51	8	14:27	49.2
Finish	0:49	9	0:27	122.7	44:40	8	14:54	50.1