



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke  
Erfurt / 18.03.2017

Detailed evaluation

Zobirei, Ralf

Club: SWV Goldlauter-Heidersbach

Total time: 33:40

Running performance: 16:01 min/km

Course: 2.10 km / 11 Controls / 40 Hm

Category:

Herren 65

Rank in category: 2(of 3)

Best time in the category: 29:25

Behind: 4:15

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (41)	3:25	1	-	-	3:25	1	-	-
2 (204)	3:47	3	1:28	63.3	7:12	1	-	-
3 (42)	2:30	1	-	-	9:42	1	-	-
4 (37)	3:16	3	1:44	113.0	12:58	2	0:48	6.6
5 (69)	1:51	1	-	-	14:49	2	0:38	4.5
6 (47)	1:35	1	-	-	16:24	2	0:28	2.9
7 (46)	4:58	3	1:08	29.6	21:22	2	1:26	7.2
8 (67)	3:16	1	-	-	24:38	2	1:17	5.5
9 (38)	6:38	3	3:35	117.5	31:16	2	4:52	18.4
10 (36)	0:47	1	-	-	32:03	2	4:39	17.0
11 (200)	1:00	1	-	-	33:03	2	4:12	14.6
Finish	0:37	2	0:03	8.8	33:40	2	4:15	14.5