



10. Wartburg-Staffel  
Moorgrund Pummpälzsteg / 17.09.2017

Detailed evaluation

Road Runners NW

Club: Road Runners NW  
Number: 56

Course: 21.66 km

VIA SOLUTION JederMannFrau-Staffel-NW (4x5 km)

Category:

Frauenstaffel Nordic Walking

Total time: 3:02:14

Speed: 6.91 km/h

Running performance: 8:25 min/km

Rank in course/Total: 6 (of 12)

Rank in course/Women: 3 (of 6)

Best time in course: 2:49:14

Rank in category: 3 (of 6)

Best time in the category: 2:49:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Frankenstein	5.56	42:34	7:39	1	-	1	-	5.56	42:34	7:39	1	-	1	-
Kulturscheune	5.36	46:38	8:42	3	1:22	3	1:22	10.92	1:29:12	8:10	3	0:43	3	0:43
Kissel	5.37	49:05	9:08	5	8:20	5	8:20	16.29	2:18:17	8:29	3	8:23	3	8:23
Gumpelstadt	5.37	43:57	8:11	3	4:37	3	4:37	21.66	3:02:14	8:24	3	13:00	3	13:00