



12.Walk in Herne
Herne-Sodingen / 15.10.2017

Detailed evaluation

Ader, Volker

Club: Bochum
Number: 5541

Course: 5.00 km
Kurzstrecke Nordic Walking

Total time: 49:02

Speed: 6.12 km/h

metres in height up: 100
Course score: 6.50

performance score: 40 Points