



12.Walk in Herne
Herne-Sodingen / 15.10.2017

Detailed evaluation

NACHTIGALL, Heike

Club: Stadt Bochum Walking-Team

Number: 5525

Course: 5.00 km

Kurzstrecke Nordic Walking

Total time: 49:41

Speed: 6.04 km/h

metres in height up: 100

Course score: 6.50

performance score: 39 Points