



12.Walk in Herne
Herne-Sodingen / 15.10.2017

Detailed evaluation

RINGHOFF, Anita

Club: Oberhausener Turnverein
Number: 5529

Course: 5.00 km

Kurzstrecke Nordic Walking

Total time: 55:42

Speed: 5.39 km/h

metres in height up: 100

Course score: 6.50

performance score: 35 Points