



12.Walk in Herne
Herne-Sodingen / 15.10.2017

Detailed evaluation

GOMMEN, Bernd

Club: Nordic Walking Hobbygruppe Ahlen
Number: 5510

Course: 5.00 km

Kurzstrecke Nordic Walking

Total time: 40:09

Speed: 7.47 km/h

metres in height up: 100

Course score: 6.50

performance score: 49 Points