



12.Walk in Herne
Herne-Sodingen / 15.10.2017

Detailed evaluation

AS Neukirchen-Vluyn VI

Total time: 2:23:08

Speed: 8.80 km/h

Number: 37504

Course: 21.00 km

Course score: 21.00

Staffel Nordic Walking

performance score: 185 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|---------------------|----------|----------|-------------|------------|------------|
| Akademie Mont-Cenis | 0 | 0 | 43539 | 00:00 | 00:00 |
| Akademie Mont-Cenis | 7.0 | 7.0 | 46435 | 00:48 | 00:48 |
| Akademie Mont-Cenis | 14.0 | 7.0 | 49391 | 01:37 | 00:49 |
| Akademie Mont-Cenis | 21.0 | 7.0 | 14:28 | 02:23 | 00:45 |