



12.Walk in Herne
Herne-Sodingen / 15.10.2017

Detailed evaluation

Distel-Walker

Total time: 2:37:34

Speed: 8.00 km/h

Number: 37505

Course: 21.00 km

Course score: 21.00

Staffel Nordic Walking

performance score: 168 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Akademie Mont-Cenis	0	0	43539	00:00	00:00
Akademie Mont-Cenis	7.0	7.0	46589	00:50	00:50
Akademie Mont-Cenis	14.0	7.0	49750	01:43	00:52
Akademie Mont-Cenis	21.0	7.0	14:43	02:37	00:54