



12.Walk in Herne
Herne-Sodingen / 15.10.2017

Detailed evaluation

Lev-aktiv 2

Total time: 3:06:34

Speed: 6.75 km/h

Number: 37507

Course: 21.00 km

Course score: 21.00

Staffel Nordic Walking

performance score: 142 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Akademie Mont-Cenis	0	0	43539	00:00	00:00
Akademie Mont-Cenis	7.0	7.0	47139	01:00	01:00
Akademie Mont-Cenis	14.0	7.0	50941	02:03	01:03
Akademie Mont-Cenis	21.0	7.0	15:12	03:06	01:03